

Parks and Recreation - - A Look Ahead

Register for all classes at the Parks and Recreation office, 2276 West Street Mountain Dulcimer for New Players

This class is for students without dulcimer experience or for those in need of a basic technique review. The class focuses on getting started, tuning, introductory strumming techniques and reading tablature. No previous musical experience is necessary. There is an additional \$10 supply fee payable to the instructor on the first day of class. Some loaner dulcimers are available. The class is held at Union University, 2745 Hacks Cross Road on Mondays, September 8 to 22, from 7 to 8:20 p.m. The fee is \$70. Register by Monday, September 1, at the Germantown Parks and Recreation office, 2276 West Street. Contact Lee Cagle at 877-7763 or www.LeeCagleDulcimers.com for information.

Pickleball

Individuals 10 years and older can feel like a champion playing the exciting paddle game Pickleball with family and friends. The mini-tennis game is played using wooden paddle racquets and plastic wiffle balls. Pickleball is a combination of Ping-Pong, tennis and badminton and can be enjoyed by people of all ages. The activity is free and equipment is provided. Pickleball will be played on Thursday, September 4 at Riverdale Park, 7345 Neshoba Road (north end) from 6 to 7 p.m. Space is limited. For more information or to register, contact Michelle McDonnell at 757-7382 or mmcdonnell@germantown-tn.gov.

Germantown Festival

This year's Germantown Festival will be held September 6 and 7 at Morgan Woods and C.O. Franklin Park, 7701 Poplar Pike. The two-day event is fun for the whole family with more than 400 arts and crafts booths, rides and games for children, live entertainment, mouth-watering food and car exhibits. And don't miss the ever popular Running of the Weenies Dachshund race on Sunday. Admission is free and there are free shuttle buses from 9:30 a.m. to 6 p.m. Saturday, September 6; and from noon to 6 p.m. Sunday, September 7. For more information, call 757-9212 or gtownfestival@aol.com.

Tennis Lessons

Lessons are given once per week, September 8 to October 18, at Municipal Park, 1900 South Germantown Road. The instructor is Brian Rogers, USPTA. Fees are \$60 for ages 4 to 6 years, \$90 for ages 7 years and older and \$180 for Players Group. Register at the parks and recreation office, 2276 West Street. For more information, contact Kevin Weaver at 757-7379 or kweaver@germantown-tn.gov.

REACH Youth Enrichment Program

Kids clamor for the REACH program. The after-school sessions focus on healthy choices for expanding creativity, learning new skills and having fun with friends. REACH provides a safe environment and

quality instruction for being physically active and fit. REACH is held following school hours at Farmington, Dogwood and Riverdale elementary schools. Each class will meet twice per week for three weeks at each school. Students from any school may attend. Class is held two days each week from September 9 to 25, 3 to 4:30 p.m., at Farmington Elementary for grades one to five. The class fee is \$60. Register at the Germantown Parks and Recreation office, 2276 West Street. For detailed information and a class schedule, contact Natalie Ruffin at 757-7376 or nruffin@germantown-tn.gov.

Archery

Learn archery from a USA Archery high performance coach. Beginners and experienced archers benefit from this class. Instructors use the B.E.S.T. method. All materials are provided. The lessons are held Tuesdays, September 16 to October 7, from 4 to 5 p.m. for 11 to 18 years; and from 5 to 6 p.m. for those 18 or older. Archery is taught at Riverdale Park, 7345 Neshoba Road. The class is \$60. For more information, call 757-7376. Space is limited. Register by September 9 at the parks and recreation office, 2276 West Street.

Super Stretch

Seniors will stretch themselves mentally and physically. The class functions as a support group for those wishing to explore, understand, adopt and maintain a healthier lifestyle. The emphasis is on sustainable and enjoyable lifestyle changes. Participants can join at any time. Classes are held every Friday, from 9:30 to 10:30 a.m., beginning September 12 at Pickering Center, 7771 Poplar Pike. The class fee is \$50 for a 10-session punch card. Register at the Germantown Parks and Recreation office, 2276 West Street. For information, contact Michelle McDonnell at 757-7382 or mmcdonnell@germantown-tn.gov.

Special Recreation Dance

The free, Football Friday Dance is Friday, September 12, from 7 to 9 p.m. at Pickering Center, 7771 Poplar Pike. The special recreation dance is for people with intellectual or physical disabilities and their friends and families. For information contact Michelle McDonnell at 757-7382 or mmcdonnell@germantown-tn.gov.

Talking Your Way through the Spanish-Speaking World

Develop basic language skills for travel, business and enjoyment. This course covers the vocabulary needed to deal with everyday situations in Spanish-speaking countries. In addition, various aspects of daily life in the Hispanic world will be discussed. Basic knowledge of Spanish is helpful but not required. The class is held Saturdays, September 13 to November 1, from 10 to 11:30 a.m. at Union University, 2745 Hacks Cross Road. The fee is \$150 for eight classes. For information, contact Natalie Ruffin at 757-7376 or nruffin@germantown-tn.gov.

Slithering Snakes

Children of all ages will learn interesting facts about snakes native to Tennessee. Study snake habitats, physical characteristics, food sources and learn other fun stuff like how snakes smell, move and hear.

Park rangers will cover the differences between amphibians and reptiles, identify snakes native to Tennessee and describe the differences between venomous and non-venomous snakes. The free event is Saturday, September 13, at 10 a.m. at Cameron Brown Park, 8628 Farmington Boulevard. Space is limited. For more information or to register, contact David Halpern at 757-7375 or dhalpern@germantown-tn.gov.

Dog Obedience

Train a dog to obey commands. Classes are small to ensure individual attention. Trainers should be 18 years or older. Dogs must be at least four months old and current on all vaccinations. Provide vaccination records at the first class. Bring dogs and small treats to the first class, which is held at the Off Leash Dog area, 1695 Riverdale Road. The class meets Mondays, September 15, 22 and 29, October 6, 13 and 20, from 6 to 7 p.m. The fee is \$75.

Teaching Together Workshop: Getting the Most Out of Story Time

The workshop explains why reading aloud is so important and how to get the most out of reading to a child. Reading aloud and teaching in this way offers opportunities for children to develop language and listening skills, comprehension and higher-level thinking skills. Methods and techniques taught are geared toward children ages 3 to 5 years. The class is for parents, grandparents and child-care providers. Classes are held September 15 or 29, and October 20 or November 17, from 7 to 9 p.m. at Pickering Center, 7771 Poplar Pike. The fee is \$25 per person. Contact Kelly Thieme at 850-0508 or teachingtogether@gmail.com. Register at the Parks and Recreation office, 2276 West Street.

Calligraphy

Students will learn a beautiful handwriting technique to use for cards, envelopes, invitations, place cards and more. This course introduces the basics of calligraphy including pen use and the italic alphabet. Materials will be discussed at the first class. Bring a pencil and notebook. Sessions are Tuesdays, September 16 to October 21, from 6:30 to 9 p.m., at Union University, 2745 Hacks Cross Road. The registration fee is \$100. Register at the Parks and Recreation office, 2276 West Street. For more information, call 757-7375 or 757-7376.

Special Recreation Karaoke Party

A special recreation karaoke party will be held Friday, September 19 from 7 to 8:30 p.m. at Germantown Community Library, 1925 Exeter Road. The party is for teens and adults who have mental, physical or emotional disabilities and their friends and families. Snacks and soft drinks will be provided. The event is free. For information, contact Michelle McDonnell at 757-7382 or mmcdonnell@germantown-tn.gov.

Stroll Into Fitness

StrollerFit[®] is a 50-minute interactive class for moms and other caregivers of babies and young children ages 6 weeks through 4 years. StrollerFit combines cardio, strength and core training using strollers and resistance equipment to provide an effective whole-body workout. Children are entertained with songs,

nursery rhymes and other activities. Classes are ongoing so join at anytime. The first class is free. Classes are held Mondays and Wednesdays, from 9:30 to 10:20 a.m. at Johnson Road Park, 2970 Johnson Road. The fee is \$90 for 10 classes, \$175 for 25 classes. There is a one-time \$40 enrollment fee that includes equipment to be used in class or at home. For more information contact Jennifer Gately at 757-8285 or jennifer.gately@strollerfit.com.

Sports Leagues

Adult Coed Kickball

The recreational coed kickball league is for adults 18 years and older. Games will be played Monday evenings, from late August to early November, at Houston Levee Park, 9777 Wolf River Boulevard. The team fee is \$275, plus \$6 per non-resident player. Register at the parks and recreation office, 2276 West Street. For more information, contact Kevin Weaver at 757-7379 or kweaver@germantown-tn.gov.

Adult Fall Softball League

Germantown area businesses, churches and organizations are encouraged to enter teams in this recreational league. The league is offered to those 18 years and older and runs from late August through early November. Games are played at Houston Levee Park, 9755 Wolf River Boulevard. Divisions consist of men's recreational (Tuesday), coed open (Tuesday), men's open (Thursday), and coed recreational (Thursday). The team fee is \$475, plus \$11 per non-resident player. Register at the parks and recreation office, 2276 West Street. For more information, contact Kevin Weaver at 757-7379 or kweaver@germantown-tn.gov.

Youth Basketball League

The youth basketball league is offered for boys, ages 7 to 14 years, and girls, ages 7 to 13 years. Practices begin in November. Games begin in late November and end in March. All girls' divisions and boys' 13 to 14 divisions will play in Southeast Shelby Sports League. The games will be played in Collierville. Register September 2 through 19, at the Parks and Recreation office. Late registration is September 22 through October 10. There will be an additional \$20 fee for late registration. The fee is \$85 per player for Germantown or Collierville residents and \$122 per player for non-residents. Proof of residency and a copy of the child's birth certificate are required to register. Nonresidents need only a copy of the child's birth certificate.

Ultimate Frisbee League

Ultimate Frisbee is a non-contact team sport played with a Frisbee on a grass playing surface with the intent of scoring in the end zone, similar to football. The recreational league is offered for those 16 years and older. Games are played Thursday evenings, from September to early November, at Bob Hailey Athletic Complex, 8750 Farmington Boulevard. Teams consist of eleven players. Male and coed leagues are available. The fee is \$150 per team. Register at the Parks and Recreation office, 2276 West Street. For more information, contact Kevin Weaver at 757-7379 or kweaver@germantown-tn.gov.

Challenger Kickball League

This league is designed for special needs boys and girls, ages 6 to 16 years. The league will run Mondays, September 29, October 6, 13 and 20, from 6 to 7:15 p.m. at Houston Levee Park, 9777 Wolf River Boulevard. The fee is \$35. Register September 2 through 19 at Germantown Parks and Recreation office, 2276 West Street. For more information, contact Kevin Weaver at 757-7379 or kweaver@germantown-tn.gov.

50 Plus Group

The Germantown 50PlusGroup offers opportunities to meet people, socialize with friends, eat, dance or take a trip.

Art / Rubber Stamping

Network with other artists and rubber stampers on Mondays, from 9 a.m. to noon at Pickering Center, 7771 Poplar Pike. The cost is \$2.

Square Dancing 101

The Spurs and Saddles Square Dance Club offers a free introduction to this uniquely American dance form the second Wednesday of each month, from 7 to 9:30 p.m. at Pickering Center, 7771 Poplar Pike. Experience great fun and low impact exercise. For more information, contact Moree Baranski at 683-1206 or Jim Bobo at 604-2733.

Party Bridge

Party Bridge is offered Tuesdays, from 9:30 a.m. to 2 p.m. at Pickering Center, 7771 Poplar Pike. The cost is \$2.

ACBL Sanctioned Duplicate Bridge

ACBL Sanctioned Duplicate Bridge is offered Wednesdays at 10 a.m. at Pickering Center, 7771 Poplar Pike. The cost is \$4.

Line Dance Lessons

Easy, beginner and intermediate line dance is offered Thursdays, from 3:30 to 4:30 p.m. at Pickering Center, 7771 Poplar Pike. The cost is \$2. Contact Laura Austin 744-0792 for more information.

Evening Ballroom Dances

Ballroom dancing is held the second Tuesday night of each month. Doors open at 6:30 p.m. with dancing from 7 to 9:30 p.m. at Pickering Center, 7771 Poplar Pike. The cost is \$5 per person.

Evening Line Dances

Evening line dance is held the third Friday of each month, from 7 to 10 p.m. Music is provided by Larry Logan. The cost is \$5.